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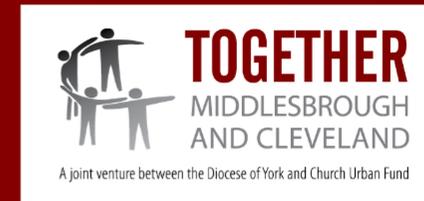
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We hope you enjoy our May 2015 New sletter!

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# WORKING TOGETHER

## IN MIDDLESBROUGH AND CLEVELAND

**May 2015**



### **Homelessness: Are We Really Helping?**

On Thursday 30 April, we hosted in partnership with DePaul UK, an event called 'Homelessness: Are We Really Helping?' 120 people from



local faith groups, charities and organisations came together to learn, share and reflect on their responses to homelessness.

At the present time, there is a growing concern amongst faith groups for people struggling to provide the basic necessities of food, clothing and shelter. The day brought people together, to explore how the charitable work of local groups can complement the work of larger organisations and statutory agencies to support the most vulnerable people in our communities. The keynote speaker Jon Kuhrt said:

*“In homelessness, it’s so vital that people work together and talk with one another if we’re going to make as much difference as we can.”*

To find out more about the day visit [www.cuf.org.uk/blog/homelessness](http://www.cuf.org.uk/blog/homelessness) where you will find audio recordings of the key note speakers, and some inspirational stories from people who have experienced homelessness. There is also an excellent powerpoint presentation from Sharon Caddell, Principle homelessness officer with Middlesbrough Council, with lots of useful information.



## FRADE Furniture Charity

FRADE, the furniture re-use charity which began as a faith community initiative, is celebrating its 25th anniversary this year. Set up in Stockton in 1990, FRADE aims to provide new and existing tenants with low cost, new and donated furniture. It has since branched out to stores in Middlesbrough and Darlington. Although it is no longer affiliated with a faith community, it seeks to maintain a Christian ethos.

Last year, FRADE supported over 3,000 households, and has collected donations from a similar number of households. It also diverts over 170 tonnes of household “waste” from being destroyed, thus greatly benefitting the environment. In addition, it has created 10 permanent jobs and a range of voluntary opportunities for over 100 individuals, including those marginalised in society such as ex-offenders.

FRADE's Middlesbrough store has relocated from the town centre to the Belle Vue Parade on Marton Road. To find out more about the charity's work, to enquire about voluntary work, or if you would like to donate any items Tel 0333 006 3279 or visit [www.frade.co.uk](http://www.frade.co.uk).

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## Tees Valley of Sanctuary Official Launch

Churches and faith groups over recent months have attended events to learn more about welcoming people seeking sanctuary. This work is now forming part of Tees Valley of Sanctuary, as a faith stream. This gives recognition to the significant work already undertaken by local churches and faith groups and supports them in developing their efforts to provide welcome and support to the many people who arrive in the Tees Valley seeking sanctuary.

The official launch of Tees Valley of Sanctuary will take place at Teesside University on Weds 17th June, during refugee week, starting at 5.30pm, including food and music for more details visit <http://tees-valley.cityofsanctuary.org>

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## FREE Mental Health Training

This week is mental health awareness week. There has been growing concern amongst staff and volunteers working within community projects about the levels of anxiety, stress and depression being experienced by people, often related to their difficult personal circumstances. We recognise that some simple mental health training can equip people to offer better support to the people they work with. A series of free mental health training is being offered through the Tees Mental Health Training Hub.

**Mental Health First Aid Lite** Mental Health First Aid Lite is an introductory mental health awareness

course that will enable you to gain a wider understanding of some issues surrounding mental health and how to work effectively with people experiencing mental health problems.

Places available:

Half day - 13th May, Middlesbrough

**Mental Health First Aid** The course is designed to teach people how to support a person developing a difficulty with their mental health or in a mental health crisis. The first aid is given to provide comfort and preserve life until appropriate help is received or until the crisis resolves.

Places available:

2 day course - 24th and 25th June, Middlesbrough

2 day course - 14th and 15th July, Stockton

This training is free to anyone working, caring, studying or volunteering in the Tees area. More details can be found at [www.teestraininghub.co.uk](http://www.teestraininghub.co.uk) Please contact Tasha Wilson, Administrative Assistant at Redcar & Cleveland Mind for further information Tel: 01642 296052

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## Walking for Health

How about setting up a walking group for your church, group or local community? Middlesbrough Environment City are offering training and support. All you need are some volunteers to train as walk leaders on a one day free course. You will be helping people to get active and healthy, showing them that walking really can make a big difference to their lives. Walks can be anything from 30-90 minutes. To help your organisation get walking, you will receive training, help to plan the walks, a supply of recruitment materials and on-going support, linking you to local and national walking programmes.

For more information on how to access training, you can contact the Walking For Health in Middlesbrough Team Tel: 01642 243183 Email: [don.burluraux@mencity.org.uk](mailto:don.burluraux@mencity.org.uk)

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## New Developments in Community Finance

This event will be of interest to anyone interested in credit unions and community finance. It will be a day of reviewing 50 years of Credit Unions, and looking to the future.

The conference aims to discuss the possible future(s) of community finance given its recent growth and rapidly changing nature in the wake of the recent financial and economic crises and austerity politics-led recovery. The day will be distinctly future-oriented and will seek to (re)-imagine community finance over the next ten years.

Durham University, College of St Hild & St Bede, Durham. DH1 1SZ 19th June, 2015, 11.00-16.00. The event is free but booking is essential Please book here <https://www.eventbrite.co.uk/50-years-of-credit-unions> Booking will close on the 10th of June. Lunch is included and travel bursaries may also be available on application. For all queries please contact Emma Renno [emma.j.renno@durham.ac.uk](mailto:emma.j.renno@durham.ac.uk)



## Fare Share

FareShare is a surplus food provider which sells their product to community and voluntary groups at a 90% discount from supermarket prices. They support any not for profit organisation, including food banks, homeless charities and school breakfast clubs. They save good food destined for waste and send it to charities and community groups who transform it into nutritious meals for vulnerable people. For more information visit [www.fareshare.org.uk](http://www.fareshare.org.uk)

There will be a meeting to find out more about Fare Share and how they can support your group on Tuesday 19th May at 10am at the Golden Boy Green Community Centre in Southbank. To book a place please contact Kim Upex at BITC Email: [Kim.upex@bitcconnect.org](mailto:Kim.upex@bitcconnect.org)  
Mob: 07794215677

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## Funding Opportunities

Here are some examples of current funding opportunities. If you would like help and advice re funding please contact Heather Black on Tel 07446908451 E-mail [together@trinitycentre.org](mailto:together@trinitycentre.org)

### Public Health Physical Activity Grants

Can you encourage people in Middlesbrough to be more active, helping them to stay healthy? Grants are available for up to £2,000 or between £2-20,000 for projects of varying sizes which meet one or more of our three priorities:

1. Getting people active in your area – helping local groups to provide new ways to be active, to keep people healthy & reduce the risk of serious illness
2. Getting people active to improve long term health conditions – activity which will promote independence & reduce social exclusion & loneliness for those with long term health conditions
3. Changing the environment – projects and partnerships which will make it easier & more enjoyable to be active in Middlesbrough

For more details contact Sharon Barker E-mail [sharon\\_barker@middlesbrough.gov.uk](mailto:sharon_barker@middlesbrough.gov.uk)

### Health Improve Grants

Active Communities is a funding programme of grants between £5,000 and £50,000 for projects lasting up to two years, available for local groups and organisations with great ideas to make their communities even better places to live. They are looking for small and local projects, genuinely designed and run by local people. The Health Improve programme is opening on 13th May, at 1pm in the following areas: County Durham, Stockton on Tees, Redcar, Cleveland, Middlesbrough, Darlington and Hartlepool

Find out more from the website [www.peopleshealthtrust.org.uk](http://www.peopleshealthtrust.org.uk)

### BBC Children in Need

Grants are given for children and young people of 18 years and under experiencing disadvantage through

illness, distress, abuse or neglect

any kind of disability

behavioural or psychological difficulties

living in poverty or situations of deprivation

The next deadline for the small grants programme (up to £10,000) is 1st June . For more details visit [www.bbc.co.uk/programmes/apply-for-a-grant](http://www.bbc.co.uk/programmes/apply-for-a-grant)

## Greggs Foundation

North East Core Funding is the new name for the Major Grants Programme. It makes grants of up to £15,000 per year for up to three years to support organisations that work in the most disadvantaged neighbourhoods in the North East of England, or organisations that support otherwise disadvantaged people, particularly those that support the following priority groups:

- People with Disabilities
- Homeless people
- Voluntary Carers
- Older and isolated people

They prefer to fund existing work with a proven track record. Any core costs can be considered where you can demonstrate that the grant will improve the capacity of your organisation to provide a great service. More details at [www.greggsfoundation.org.uk/north-east-grants](http://www.greggsfoundation.org.uk/north-east-grants)

## Together Grants 2015

The Together Grant programme provides small grants of up to £5,000 for faith based organisations to engage in social action, by supporting them to initiate or develop community work. The programme has the following criteria:

- Tackling poverty: The activity must be directly tackling poverty. We favour activities that are working directly with people in need.
- Faith basis: The lead applicant should have a faith basis.
- Working in partnership: Applicants need to be working in partnership with at least one other organisation. This partnering organisation does not need to be faith based.
- Local community focus: The activity needs to be based in the local community and to have local community involvement in identifying needs, initiating responses and running the project.

It is a simple application process. For more details visit [www.cuf.org.uk/how-we-help/cuf-funding](http://www.cuf.org.uk/how-we-help/cuf-funding)



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